



Shopping List: Whole Foods

Fruits and vegetables	Bulk
Hummus/tortillas/cheese	Bars/ Canned Fruit/ Applesauce
Cereal/Non-Dairy Milk	Water/Paper Products
Chips/Salsa/Rice Cakes	Cookies/Crackers/ juice/soup
Baking/Chocolate	Beans/rice/pasta
Condiments/asian/oil/vinegar	Frozen
Refrig	Meat
Bread/Deli	Other